



7.11.2019

WACA President, Council and WACA members Attention: President: Maga Ramasamy mramasamy@airmauritius.com

Dear Mr Ramsamy, Council and WACA members

What an interesting evening – it was lovely meeting you all and finding out more about your organization! Thank you all very much for the toilet kits, underwear, sock, anklets and hair brushes for our 45 residents – they are very grateful, because it's what they needed. A big thank-you, also, to Henry Holland for initiating this donation!

Elandsvallei is run by the Germiston branch of the SA Red Cross Society and is registered with the Department of Health and Social Development. We have an annual audit and sometimes a provincial one, too, so there's no time to slack! We care for 45 residents and they vary in age from 61 to 96. They may have any or some of the following conditions: severe arthritis, cancer, diabetes, multiple sclerosis, obstructive airways disease, dementia, strokes and depression, renal failure, as well as extreme frailty.

This heat wave can make life a little uncomfortable for the residents, so we try and keep them well hydrated. The nurses are allocated different duties every day and one of them is to give out extra drinks to the residents. These are extra to the normal teas and coffees at and in between meals. They give out water and a juice in the morning and again in the afternoon. It's a very responsible job as they have to go and find residents sitting or walking here, there and everywhere around the Home.

Yours in caring for the elderly,

Sister Wendy Hahne

Matron

Elandsvallei Home for the Aged