



# VANCOUVER INTERLINE CLUB NEWSLETTER

Issue 2



WACA

*WORLD TRAVELLERS*

## FOR AIRLINE EMPLOYEES AND RETIREES

*WITH LOCAL AND INTERNATIONAL EVENTS*

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### BOWLING

Thursday April 11  
5PM

Lucky9Lanes  
Entertainment Blvd, Richmond

\$20.00 Members  
\$25.00 Non-members

See Poster for details



## PRESIDENT'S MESSAGE

Hello Fellow Interliners,

WACA has announced exciting pre and post tours for the 52<sup>nd</sup> AGA program in South Africa in October.

I love bowling, only wish I was better at it. If you don't believe me, meet us at the Vancouver Interline Club Bowling night April 11<sup>th</sup>.

Following the Bowling night the next event will be the Vancouver Interline Club's Spring Fling Dance and Dinner with the Jammin Bhuddas, at the Richmond Curling Club, May 4<sup>th</sup>.

Vice President Inge Hansen placed a notice in the last newsletter actively looking for an Event Planner for our goal to possibly host the WACA 54<sup>th</sup> AGA here in Vancouver in in 2021. To date, we have not had anyone express an interest in this position. If we do not fill this necessary position, we will not be able to continue planning the WACA AGA.

Hope to see our members at all our upcoming events.

**Yours in Interlining**

**Freddie Whiting**  
**President, Vancouver Interline Club**  
**wushuyvr@gmail.com**

## CALENDAR OF EVENTS 2019

April 11.....Bowling Lucky 9 Lanes  
May 4..... Dance Richmond Curling Club  
June 13..... Walk Rally TBA  
Aug 15.....Picnic Peach Arch Park  
Sept 12.....Pitch and Putt TBA  
Oct 30.....Halloween Richmond Curling Club  
Nov 23...Silent Auction Buck and Ear Pub  
Dec 12...Light Tour and Pub Night

## 2019 BOARD OF DIRECTORS

|                |                 |             |
|----------------|-----------------|-------------|
| PRESIDENT      | Freddie Whiting | 307-1909    |
| VICE-PRESIDENT | Inge Hansen     | 465-4153    |
| TREASURER      | Judith Guevara  | 603-1702    |
| ASSISTANT      | Arlen Lorensana | 778-861-131 |
| SECRETARY      | Inge Hansen     | 465-4153    |
| ASSISTANT      | Pat Lindeman    | 581-6643    |
| SOCIAL AFFAIRS | Ann Senko       | 948-0810    |
| ASSISTANT      | Sue Laufer      | 535-5595    |
| MEMBERSHIP     | Pat Lindeman    | 581-6643    |
| ASSISTANT      |                 |             |
| PUBLICATIONS   | Mark Glowacki   | 885-5236    |
| ASSISTANT      | Janet Glowacki  |             |
| TOURS & INFO   | Claude Hewitt   | 506-0072    |
| ASSISTANT      |                 |             |
| PAST PRES      | Fred Buchi      | 581-5508    |

## FROM THE EDITOR

We are always happy to receive your travel stories and pictures for publication in the newsletter.

Check out the new updated WACA website.  
[www.waca.org](http://www.waca.org)

Please note our new address: Vancouver Interline Club, 14067 113A Avenue, Surrey, BC V3R 2K6 or use the e-mail on our new web site <http://www.vancouverinterlineclub.ca> Our new email is: [yvrinterlineclub@gmail.com](mailto:yvrinterlineclub@gmail.com)

To sign up for the e-mail version of the newsletter, send your e-mail to [maxpat@telus.net](mailto:maxpat@telus.net)

[Follow VIC and WACA on Facebook](#)

**VANCOUVER INTERLINE CLUB**  
9 Lanes  
Bowling Alley

5 & 10 Pin

Including shoe rentals  
&

Pizza and all the pop you  
can drink

**BOWLING**  
**B&P PARTY**

**APRIL 19, 2019**  
#150th-anniversary  
11th & 17th Ave  
Richmond, British Columbia

\$20.00 for VIC Members  
\$25.00 for Non VIC Members



## St Paddy's Day at O'Hara's Pub, March 14/19

We had 35 people show up at the pub for chicken or beef pot pies and stew all done up with mussy peas and fries. The food was great and lots of people came in costume or dressed in the green. The lady who went home with the prize for most outstanding was Doreen Zenert and the man was Ron Schakelly. Congratulations to both of you and thanks to all of you for taking part in the fun.

Our 50/50 winner was Cindy Pidborchyski who won \$71.50 good for you Cindy. We also had several door prize winners and they were, Lois North, Norma Gillan, Judith Guevara, Lorraine Tocheri, Maryanne Szabo, Sylvia Mahal, June Evans and Joan Haw, congratulations to all of you.

Our next event is on April 11 at Lucky9Lanes bowling alley, we hope to see all of you out to show us your talent.

Regards Ann Senko



## I Watched The Fish Eat My Flesh !

I watched with wide eyes as a number of hungry fish swam toward my bare feet!

No, not voracious piranhas from the Amazon, but rather *Garra rufa*, a small type of carp native to Turkey.

It was in a shopping mall in downtown Bangkok that I first met these much-smaller, minnow-sized fish. They were in a tank, adorned with a huge sign, “Foot cleaning – 100 baht”.

Those travellers who have been to Africa are already familiar with the Oxpeckers (both Yellow-billed and Red-billed), which ride on the backs of Cape Buffalo and clean their skin of ticks and other pests. Although no longer found in Egypt, the Egyptian Plover, or “crocodile bird” feeds on insects that parasitize crocodiles. This fish is much the same.

They clean feet!

These silvery-orange fish with a black dot on their tail (beware of imitations!) are naturally-occurring across the central Middle East (Turkey, Syria, Iran, and Iraq); they thrive in thermal springs where the water temperature can reach 40°C, or higher. Because the warm water in which the fish live doesn't support much plant or aquatic life, they have learned to feed on whatever food sources are available—including dead, flaking skin. They leave live skin alone because, without teeth, they can't bite it off

Customers sit on the edge of the tank, dangling their feet in the warm water. The tiny fish immediately surround their feet, sucking enthusiastically. Also called “doctor fish”, they only consume dead areas of skin while also producing an enzyme secretion called “Dithranol”; this process encourages new skin to regenerate and grow. Although it tickles at first, the “nibbling” is actually gentle and comfortable. The painless process (about 15 minutes) leaves the feet feeling soft and clean

Kangal, the Turkish town where they were first-discovered, is now a health spa. Although this “treatment” was first-established to help patients suffering from various skin disorders, including psoriasis, eczema, and dermatitis, “ichthyotherapy” is now a novelty as much as anything. Following the success of true health spas, entrepreneurs have opened “businesses” across south-east Asia, and “fish pedicures” are now available in Japan, South Korea, China, across Europe, and now in the USA (Virginia). For this reason, Turkey has since enacted laws to legally prevent the commercial fishing and over-exploitation of this species. However, with a life-span of 7 years, the fish is now farmed commercially for export.

There is some concern that the holding tanks cannot be kept “clean” without actually harming the fish at the same time. Reputable establishments will practise podiatric hygiene by disinfecting your feet first, to avoid harming the fish. The water is constantly filtered and treated with UHF rays to kill any bacteria, and the fish are actually changed as well. It is unlikely that foot problems from one person can be passed to another. None-the-less, some US states have banned the treatment, just in case.

Steve Charlton  
Vancouver Interline Club



# Patty Verner Jazz Concert

Over ten VIC members came out to support Patty, drink wine and indulge in peppermint patty chocolates and listen to Patty singing a tribute to Peggy Lee.

Patty was supported by :  
Miles Black...Piano, Guitar, Clarinet  
Tim Stacey, Bass & Guitar  
Nino di Pasquale, Drums  
Nick Apivor, Xylophone, Percussionist, Piano,

Freddie Whiting  
President, Vancouver Interline Club



## My Travel Plans for 2019

I have been in many places, but I've never been in **Kahoots**. Apparently, you can't go alone. You have to be in Kahoots with someone.

I've also never been in **Cognito**. I hear no one recognizes you there.

I have, however, been in **Sane**. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my children, friends, family and work.

I would like to go to **Conclusions**, but you have to jump, and I'm not too much on physical activity anymore.

I have also been in **Doubt**. That is a sad place to go, and I try not to visit there too often.

I've been in **Flexible**, but only when it was very important to stand firm.

Sometimes I'm in **Capable**, and I go there more often as I'm getting older.

I may have been in **Continent**, but I don't remember what country I was in. It's an age thing. They tell me it is very wet and damp there.

One of my favorite places to be is in **Suspense!** It really gets the adrenaline flowing and pumps up the old heart! At my age I need all the stimuli I can get!

Steve Charlton